

Hearing protection for nearly every environment.

Ears come in a variety of sizes and shapes, and noise levels on the job vary depending on the work that is being done. Hearing protection solutions by 3M offer a wide range of shapes and sizes to fit workers' ears comfortably while offering protection for a wide range of noise levels.

3M™ E-A-R™ One Touch™ Pro Earplug Dispenser

Conveniently provide hearing protection where employees need it. The 3M™ One Touch™ Pro Earplug Dispenser dispenses one earplug at a time with a simple twist. No more expense and waste of individually wrapped plugs. Made from ABS recyclable plastic with a powder-coated steel back plate, it's designed for challenging environments — indoors and outdoors.



- ▶ Check out our video
- ▶ Learn more

E-A-Rfit™ Validation

Get results you can trust. The 3M™ E-A-Rfit™ Dual-Ear Validation System measures the attenuation of 3M earplugs and earmuffs worn by each worker, providing accurate, quantitative results. And because you can simultaneously test both ears, you'll have more time to educate employees on the importance of proper use and care of hearing protectors.

- ▶ Learn more

Hearing protection options to fit your needs.

3M has multiple options to help meet your needs. Below are the most common earplugs, and some key benefits:

Disposable	Disposable Foam Earplugs <ul style="list-style-type: none"> ▶ High NRR* for situations with high noise exposures ▶ Usually the lowest cost option ▶ Conforms comfortably to the unique shape of each ear
	Reusable Earplugs <ul style="list-style-type: none"> ▶ Designed for multiple uses ▶ Durable and washable with mild soap and water ▶ One size fits most
	Push-to-Fit Earplugs <ul style="list-style-type: none"> ▶ Quicker to insert than disposable foam earplugs ▶ More hygienic than roll down foam earplugs ▶ Moderate to high NRR*
Metal Detectable	Metal Detectable <ul style="list-style-type: none"> ▶ Helps prevent food contamination ▶ 3M offers the only metal detectable push-to-fit earplug ▶ Metal detectable cord available

Get enhanced protection and comfort with 3M™ PELTOR™ Earmuffs

	UPC Bill Unit	Prod No.	Item Description	Qty/Case	NRR*
PELTOR Earmuffs	1-00-93045-93723-0	X1	3M™ PELTOR™ Earmuffs X1, Over-the-Head, Green	10 ea	22 dB
	The X1A is a lightweight, low-profile earmuff designed for protection against low-level industrial noise and other loud sounds. It features an electrically insulated wire headband, often referred to as "dielectric".				
	1-00-93045-93726-1	X4	3M™ PELTOR™ Earmuffs X4, Over-the-Head, Light Green	10 ea	27 dB
Combines high attenuation with a sleek, low-profile and lightweight design. The innovative foam earcup inserts and spacers help boost attenuation while adding little bulk or weight helping this product have a great NRR* to thinness of cup ratio, great for those who have to work in tight spaces.					
	1-00-93045-93727-8	X5	3M™ PELTOR™ Earmuffs X5, Over-the-Head, Black	10 ea	31 dB
For very high noise situations, no earmuffs in the market today offer a higher Noise Reduction Rating (NRR*) than X5. The high attenuation provided by these earmuffs is a result of the combination of specially-formulated foam in the earcups and cushions and the innovative spacer and cup design.					

Ordering Information

	UPC Bill Unit	Prod No.	Item Description	Qty/Case	NRR*
Disposable	1-00-80529-10000-6	310-1001	3M™ E-A-R™ Classic™ Uncorded Earplugs 310-1001, in Pillow Pack	2000 ea/Case	29 dB
	Classic earplugs start out firm to allow for easy fitting, then soften from body heat to conform to the unique shape of each ear. This low-pressure foam formulation doesn't absorb moisture for a comfortable fit even in high heat and humidity. The PVC Material will not ignite when exposed to an arc flash.				
	1-00-80529-10052-5	310-1103	3M™ Classic™ Small Uncorded Earplugs 310-1103, in Pillow Pack	2000 ea/Case	29 dB
	Designed for smaller ears, the diameter of a Classic small earplug is 7% less than that of the Classic earplug (and the same length).				
	1-00-80529-10065-5	310-1250	3M™ E-A-Rsoft™ Yellow Neons™ Uncorded Earplugs 310-1250, in Pillow Pack Regular Size	2000 ea/Case	33 dB
Featuring a soft, slow-recovery foam, 3M™ E-A-Rsoft™ Yellow Neons™ earplugs have a smooth texture for in-ear comfort, are made for all-day wear and are available in two sizes. These earplugs are an excellent choice for any hearing conservation program with a high 33 NRR*.					
Reusable	5-00-51138-29008-0	1100	3M™ Uncorded Foam Earplugs 1100	1000 ea/Case	29 dB
	These soft, economical, hypoallergenic foam and a tapered design earplugs are designed to conform to the unique shape of each ear. 3M 1100 and 1110 earplugs start out firm, to make them easier to insert, then soften in the ear for a comfortable fit.				
	1-00-80529-12090-5	312-6001	3M™ E-A-Rsoft™ Grippers™ Corded Earplugs 312-6001	2000 ea/Case	31 dB
	Popular with people who have larger ear canals these earplugs have a unique grip rings help create a soft, noise-blocking seal for effective hearing protection and features a design that helps you remove the earplug from your ear.				
Reusable	5-00-51131-27515-2	340-3002	3M™ UltraFit™ Silicone Corded Earplugs, 340-3002, w/Carry Case, 80 pair/box, 4 boxes per case	320 pr/Case	24 dB
	Designed for a small to medium size ear canal and made from a durable soft silicone material this earplug easily adapts to the ear canal and can be washed and reused many times to help reduce waste. The three-flange design fits a wide range of ear canal sizes and a cloth cord for comfort and convenience. This product features a carry case to help you keep your earplugs clean and protected when not in use.				
	1-00-80529-40003-8	340-4004	3M™ E-A-R™ UltraFit™ Corded Earplugs 340-4004, in Poly Bag	400 ea/Case	25 dB
	A proven three-flange design and pliable, pre-molded material make UltraFit earplugs a good option for most ears. These durable, reusable earplugs are easy to use again and again, reducing waste. They can be cleaned easily with soap and water.				
Push to Fit	1-00-93045-98016-8	p3000	3M™ Tri-Flange™ Corded Earplugs P3000	400 ea/Case	26 dB
	Soft, flexible flanges are designed to adapt to the shape of the ear canal to comfortably help reduce exposure to noise. The plastic stem allows the wearer to insert the earplugs quickly and easily without touching the premolded tips. Choose from a vinyl or cloth cord.				
	1-00-80529-18000-8	318-1000	3M™ E-A-R™ Push-Ins™ Uncorded Earplugs 318-1000, in Poly Bag	400 ea/Case	28 dB
Designed for a wide variety of ear canal sizes, no roll-down is required with these earplugs. A gentle push is all it takes for easy, consistent insertion. Blue stem helps make insertion and removal easy and helps keep the tips clean when the wearer's hands are dirty.					
Push to Fit	1-00-80529-11011-1	311-1115	3M™ E-A-R™ EXPRESS™ Pod Plugs™ Corded Earplugs Assorted Color Grips 311-1115, in Pillow Pack	400 ea/Case	25 dB
	The unique pod design of Express Pod Plugs earplugs allows the foam to compress easily so the earplug slides gently into the ear and expands slowly, helping to make an effective seal for most ear canals. The push to fit style makes the earplug insertion easier than a roll down foam earplug.				
	1-00-93045-98014-4	p2000	3M™ No-Touch™ Foam Uncorded Earplugs P2000	400 ea/Case	29 dB
	These soft foam earplugs create a hygienic, noise-reducing seal in the ear with a smooth tapered shape and paddle stems. Push-to-fit design makes inserting hearing protection easier than roll down foam earplugs, because no roll down is required.				
Metal Detectable	1-00-93045-92951-8	p1300	3M™ E-A-R™ Skull Screws™ Uncorded Earplugs P1300	480 ea/Case	32 dB
	Designed for a medium to large ear canals, these earplugs perform as tough as they look by providing excellent 32 NRR* with the benefits of a Push-to-Fit earplug. The metallic color makes the earplugs look solid, but they are made from ultra-soft foam that is designed to provide day long comfort. Grab the attention of your young workers with these radically designed earplugs and help boost hearing protection acceptance.				
	1-00-80529-40004-5	340-4007	3M™ E-A-R™ UltraFit™ Metal Detectable Corded Earplugs 340-4007, in Poly Bag	400 ea/Case	25 dB
Metal Detectable	1-00-80529-11042-5	311-4106	3M™ E-A-Rsoft™ Yellow Neons™ Metal Detectable Corded Earplugs 311-4106, in Poly Bag Regular Size	2000 ea/Case	32 dB
	1-00-80529-11052-4	311-1127	3M™ E-A-R™ EXPRESS™ Pod Plugs™ Corded Metal-Detectable Earplugs 311-1127, in Pillow Pack	400 ea/Case	25 dB
	All metal detectable earplugs have a stainless steel bead encased in the earplug. Popular in food manufacturing industries, when contamination prevention is critical. Available in a variety of comfortable earplug styles to meet most wearer preferences and environmental needs.				

All 3M earplugs are offered corded and most are also offered uncorded.

***NOTE:** 3M strongly recommends fit testing of hearing protectors. Research suggests that many users will receive less noise reduction than indicated by the NRR due to variation in hearing protector fit, fitting skill and motivation of the user. If the NRR is used, 3M recommends that it be reduced by 50% or in accordance with applicable regulations.